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Democrats have key advantages over GOP candidates in the lead up to the 2018 midterms

8 key advantages for the Democrats:

Historical trends: Since 1862, the president's party has lost ground in the House in 92% of midterm elections

President Trump's approval ratings: While Trump's approval rating has remained steady, it remains below 50%. Typically, presidents with lower than 50% approval ratings lose in midterms

Democratic enthusiasm:

According to the WSJ/NBC poll, over 10% more Democratic voters reported high levels of interest in the upcoming elections, as compared to GOP voters

Purple states: According to NBC, Democrats have the chance to pick up as many as 20 House seats in five blue and purple states



Number of toss-up races: According to the Cook Political Report, there are currently 42 House toss-up races and 8 Senate toss-ups

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Open GOP seats: Republicans have to defend a historically high number of open seats in the election -42



Independent vote: NBC reports that most polls indicate Independent voters swinging toward the Democratic side



The anti-Trump and Clinton voters: The voters who disliked both Trump and Clinton in 2016 favor Democrats in 2018, per a WSJ/NBC poll

Sources: NBC First Read; National Journal Research, 2018; Cook Political Report