### National Journal Leadership Council

### **Chartbook: Nutrition & Obesity**

Data Visualized from the Centers for Disease Control

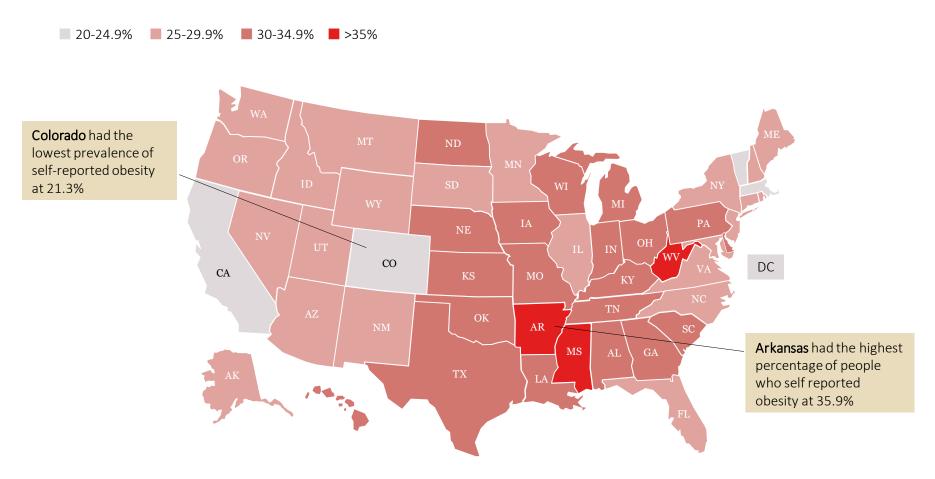
July 22, 2016

Producer: Emilia Varrone

**Director:** Afzal Bari

### Between One Fifth and One Third Of U.S. Adults Self-Report as Obese

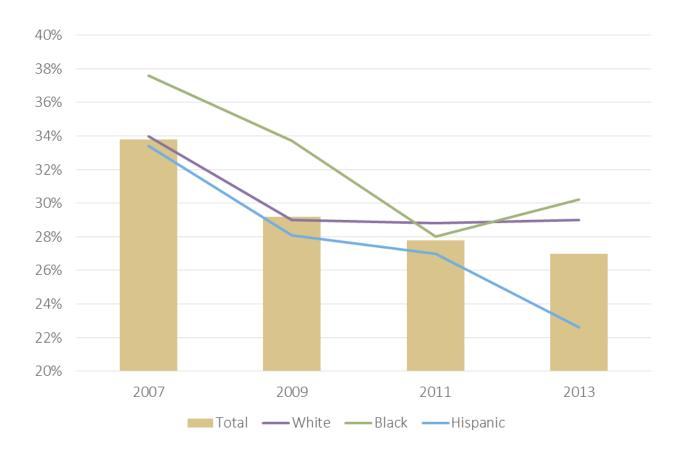
Self-Reporting Obesity Among U.S. Adults by State, 2014



Source: "Obesity Prevalence Maps," CDC, September 11, 2015.

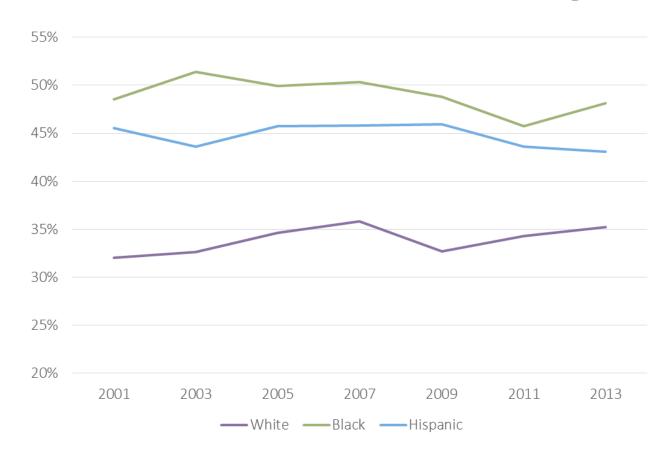
# Sharp Decline in Hispanic High School Students That Drink At Least 1 Soda/Pop Per Day

Prevalence of Students Grade 9-12 that Drink At Least 1 Soda/Day



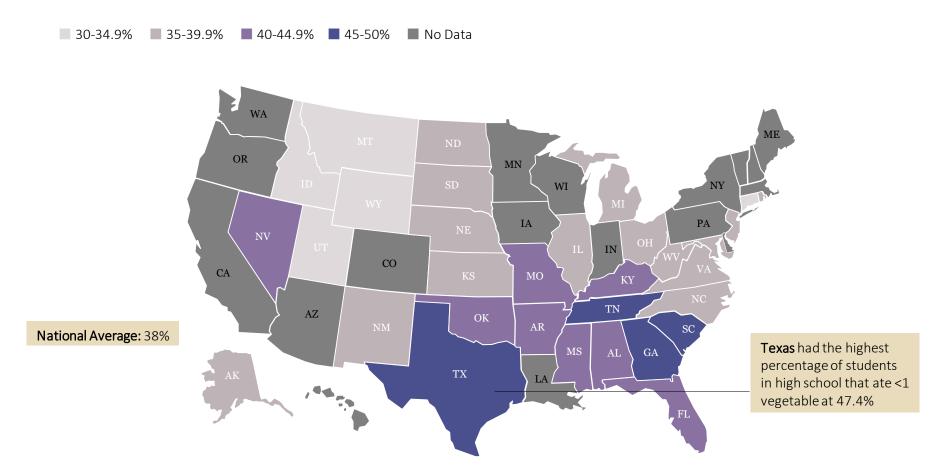
# **About Half of Non-Hispanic Black High School Students Do Not Eat Vegetables**

Prevalence of Students Grade 9-12 that Eat Less than 1 Vegetable Per Day



#### Eat Your Veggies, Kids; 47% of Texan High Schoolers Do Not Eat Vegetables Daily

Prevalence of Students Grade 9-12 that Eat Less than 1 Vegetable Per Day



#### One Fifth of Adults Eat Less than 1 Vegetable Per Day

Prevalence of Adults that Eat Less than 1 Vegetable Per Day



